



EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

SECTION COMMITTEE MEMBERS:

Chairperson: Dr. Dora WYNCHANK
Co-chairperson: Mrs. Agata TODZIA-KORNAŚ
Secretary: Dr. Ozge KILIC
Councillor: Prof. Dr. Josep Antoni RAMOS-QUIROGA
Councillor: J.j. Sandra KOOIJ
Councillor: Krzysztof WILCZYŃSKI

LIST OF SECTION MEMBERS:

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Herta AGAJ, Lezhe, Albania
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Ali KANDEGER, Konya, Türkiye
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Mihai-viorel ZAMFIR, Bucharest, Romania
Besmira ZENELAJ, Tirana, Albania

LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 25.05.2025

Venue: Online

ACTIVITIES OF THE SECTION IN 2025:

Meetings/events

Annual Meeting of the NDAL Section.

Description:

Current board members:

Chair: Sandra Kooij

Vice-Chair: Iris Manor



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EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

Secretary: Anne Kjems Philipsen

Agenda

1. Getting to know each other
2. Introduction by the chair on membership issues
3. Evaluations of NDAL activities at EPA2025 congress in Madrid
4. Elections for board members NDAL section
5. Preparations for EPA2026.

Location: European Congress of Psychiatry. 2025 Madrid

Start date: 06/04/2025

End date: 06/04/2025

Diagnostic assessment and treatment of ADHD in adults

Description:

Director: Johanna J. Kooij (Netherlands)

Co-Director: Jose Antonio Ramos Quiroga (Spain)

Location: Madrid

Start date: 05/04/2025

End date: 05/04/2025

Attendance: full house

Case-based workshop on ADHD for the more advanced professional

Description:

In this case-based workshop for participants with some clinical experience in treatment of ADHD and other neurodevelopmental disorders, we will discuss questions that are often asked during our course and other trainings. Any other questions can be discussed too ofcourse! All speakers are highly experienced in assessment and treatment of ADHD, and some in Autistic Spectrum Disorders in adults. Questions selected are about how to treat women with ADHD, how to treat the common sleep disorders in people with neurodevelopmental problems, as well as how to treat sleep during peri-menopause. Also treatment of comorbid substance abuse in ADHD and of the complex combination of ADHD and ASS in patients. All speakers will introduce the subject using clinical case vignettes.

1. How to start medication for ADHD? Ozge Kilic (Türkiye)
2. Female-specific pharmacotherapy in ADHD: premenstrual adjustment of psychostimulant dosage Maxime



EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

de Jong (Netherlands)

3. How to manage sleep in women with ADHD during (peri)menopause? Dora Wynchank (Netherlands)

4. How to manage non-response using stimulants? Anne Kjems Philipsen (Denmark)

Location: Madrid

Start date: 06/04/2025

End date: 06/04/2025

The association between ADHD and genetic-driven inflammatory disorders

Description:

Chair: Johanna J. Kooij (Netherlands), Jose Antonio Ramos Quiroga (Spain)

ADHD and the Inflammatory Pathway: From infections to inflammations - Iris Manor (Israel)

The association between glucose 6-phosphate dehydrogenase (G6PD) deficiency and attention deficit/hyperactivity disorder (ADHD) Beth Krone (United States)

Immune mechanisms and medical comorbidity in ADHD: A narrative review - Jeffrey Newcorn (United States)

Hypermobility, allergies and dysautonomia cluster in neurodevelopmental disorders - James Kustow (United Kingdom)

Location: Madrid

Start date: 08/04/2025

End date: 08/04/2025

Other Section activities

Description:

Future plans and priorities

For the coming year, the NDAL Section aims to:

Strengthen interdisciplinary collaboration with other EPA Sections.

Increase member engagement through webinars and congress activities.

Promote lifespan-oriented approaches to neurodevelopmental disorders, with particular attention to under-researched populations, including women and older adults.



EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

Event Start date: 25/05/2025

Event End date: 25/05/2027

Outcomes

1. Section leadership and committee

The current Section Committee was elected after the EPA Congress 2025.

The Section is chaired by Dora Wynchank, with Agata Todzia Kornaś as Co-Chair and Ozge Kilic as Secretary.

2. Membership development

Following the EPA Congress 2025, 21 new members joined the NDAL Section.

The mailing list was updated according to the current membership, and a welcome email was sent to all new members to introduce the Section activities and future plans.

3. Communication and engagement

The Section has maintained communication with members via an updated mailing list.

Plans are in place to further increase engagement through joint activities and educational events.

4. Scientific and educational activities

a) Joint activities

A joint webinar in collaboration with the EPA Section on Eating Disorders has been planned for 2026, focusing on overlapping clinical and developmental aspects between neurodevelopmental disorders and eating disorders across the lifespan.

FUTURE ACTIVITIES:

Meetings/events

“Women and Neurodevelopmental Disorders”

Description:

A Case-Based Workshop entitled “Women and Neurodevelopmental Disorders”

Chairs:

Sandra J.J. Kooij (Netherlands)

Dora Wynchank (Netherlands)



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

How to sleep as a woman with ADHD and autism — Dora Wynchank (Netherlands)

Pregnancy and parenthood in women with ADHD — Anne Kjems Philipsen (Denmark)

Perimenopause in women with neurodevelopmental disorders — Agata Todzia Kornaś (Poland)

Pharmacological treatment of perinatal depression in women with ADHD — Ozge Kilic (Türkiye)

This workshop reflects the Section's focus on lifespan transitions, sex-specific issues, and multidisciplinary care.

Location: European Congress of Psychiatry 2026 in Prague

Start date: 29/03/2026

End date: 29/03/2026

EPA Academia Educational Course

Description:

Assessment and treatment of ADHD in adults

Course Director: Sandra J.J. Kooij (Netherlands)

Course Co-Director: Toni Ramos-Quiroga

Location: European Congress of Psychiatry 2026 Prague

Start date: 29/03/2026

End date: 29/03/2026

Annual Meeting of the NDAL Section.

Description:

Agenda

1. Welcome and short round getting to know each other & update on each country's progress in treatment, education and research on adult ADHD
2. Webinar with EPA Section on Eating Disorders
3. Mention of www.ADHDPowerbank, which is endorsed by the EPA and an initiative of Sandra and Dora, is available online with 38 short educational videos on ADHD. EPA members get 50% off the subscription rate
4. Management of the mailing list
5. Evaluation of our program at this EPA congress
6. Our proposal for next year's EPA 2027 (Joint symposiums in collaboration with other EPA Sections)



EUROPEAN PSYCHIATRIC ASSOCIATION



EPA NEURODEVELOPMENTAL DISORDERS ACROSS THE LIFESPAN (NDAL) SECTION REPORT 2025

Location: Prague

Start date: 29/03/2026

End date: 29/03/2026

A Workshop on sexuality and gender identity in neurodevelopmental disorders

Description:

A Workshop on sexuality and gender identity in neurodevelopmental disorders

Chairs:

Judith Balazs (Hungary)

Dora Wynchank (Netherlands)

Sexuality in Autism - Case series — Vanja Mandic Maravic (Serbia)

Autism and Transgender health — Krzysztof Wilczyński (Poland)

Sexuality and ADHD — Dora Wynchank (Netherlands)

Clinical cases with ADHD and transgender health issues Koray Başar (Türkiye)

Partners:

Section on Sexual Orientation and Gender Identities

Location: Prague

Start date: 30/03/2026

End date: 30/03/2026

FUNDING IN 2025

Income: NA

Source(s) of funding:

NA

Expenditure: NA

Balance: NA

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: No